

OPERATIVE RECORD

Affix Patient Label

Name

Date of Birth.....

Hospital Number.....

Hospital SDGH / ODGH / RHH

Date of Operation

Surgeon Mr. George Ampat /

Operation Tick and Circle as appropriate

<input type="checkbox"/>
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Facet joint injections L3/4 , L4/5, L5/S1 Bilateral / Left / Right

Nerve root block L3, L4, L5, S1 Bilateral / Left / Right

SI joint injection Bilateral / Left / Right

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Approach

Para spinal oblique

Procedure

1. With image intensifier, Pedicle, nerve root exit canal, facet joint and SI joints identified. Skin prepared with sterile asepsis. Draped as required.
2. Skin anaesthetised with 1% Lignocaine mls
3. "Shoot through the barrel" technique used to insert needle (150 mm x 0.9 mm).
4. Position identified both by image intensifier and reproduction of concordant pain.
5. Concordant pain.
6. mls of Radio opaque dye used Radiculogram.
7. mgs of Kenalog and mls of 0.5 % marcain injected in total. Divided equally if injected into multiple sites.
8. Opsite dressings to entry point

Post op instructions

1. Watch for neurological deficit (weakness / loss of sensation) in legs / feet.
2. Watch for headache.
3. Watch for unanticipated pain.
4. Home when safe and comfortable.
5. Follow up in 2weeks / 6 weeks.
6. Patient to maintain pain diary for the next 6 weeks. 0/10 is no pain. 10/10 is the worst pain that one can imagine. Every night the patient to score an average of pain that has been present during the day according to this scale. Any unaccustomed activity during that day also to be recorded.