

PILATES with Debbie!



TUESDAY'S

BRYER ROAD COMMUNITY CENTRE

(OFF CROSS LANE) PRESCOT L35

10.00AM - 11.00AM

LITHERLAND SPORTS PARK

BOUNDARY ROAD, LITHERLAND L21 7LA

5.30PM - 6.30PM

NETHERTON ACTIVITY CENTRE

GLOVERS LANE, BOOTLE L30

7.00PM - 8.00PM

THURSDAY'S

EDGE HILL UNIVERSITY

SPORTING EDGE GYM

ORMSKIRK L39

7.15PM - 8.15PM

Personal Residential visits and classes are also undertaken.

£30/- per half hour + Travel costs.

Any queries please call: 07748 744531