

# OPERATIVE RECORD

Affix Patient Label

Name .....

Date of Birth.....

Hospital Number.....

Date of Operation .....

Surgeon Mr. George Ampat

Operation Tick / Circle as appropriate

Facet joint injections L3/4 , L4/5, L5/S1 Bilateral / Left / Right

Nerve root block L3, L4, L5, S1 Bilateral / Left / Right

SI joint injection Bilateral / Left / Right

.....

## Approach

Para spinal oblique

## Procedure

1. With image intensifier, Pedicle, nerve root exit canal, facet joint and SI joints identified. Skin prepared with sterile asepsis. Draped as required.
2. Skin anaesthetised with 1% Lignocaine  mls
3. "Shoot through the barrel" technique used to insert needle (125 mm x 0.9 mm).
4. Position identified both by image intensifier and reproduction of concordant pain.
5.  Concordant pain.
6.  mls of Radio opaque dye used  Radiculogram.
7.  mgs of Kenalog and  mls of 0.5 % / 1% / 2 % of Marcain / Bupivacaine / Ropivacaine injected in total. Divided equally if injected into multiple sites.
8. Opsite dressings to entry point

## Post op instructions

1. Watch for neurological deficit (weakness / loss of sensation) in legs / feet.
2. Watch for headache.
3. Watch for unanticipated pain.
4. Home when safe and comfortable.
5. Follow up in 2 weeks / 6 weeks.
6. Patient to maintain pain diary for the next 6 weeks. 0/10 is no pain. 10/10 is the worst pain that one can imagine. Every night the patient to score an average of pain that has been present during the day according to this scale. Any unaccustomed activity during that day also to be recorded.